

# GPDU18

## General Practice and Social Media Conference

Royal Pines Gold Coast,  
May 30 to June 1

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Boehringer Ingelheim

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DAY ZERO

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| <p>Narrative Medicine WORKSHOP G</p> <p>10:00am - 12:00am</p> <p>PEER SUPPORT</p>  | <p><b>NARRATIVE MEDICINE</b><br/> <b>Speakers:</b> Dr Tim Senior, Dr Louise Stone, Dr Sonu Haikerwal<br/> <b>Moderator:</b> Dr Tim Senior, Dr Louise Stone, Dr Sonu Haikerwal. Twitter: Dr Karen Price, Dr Kat McLean</p> <p><b>Summary:</b><br/> The effective practise of medicine requires narrative competence, that is, the ability to acknowledge, absorb, interpret, and act on the stories and plights of others. Medicine practised with narrative competence, called narrative medicine, is proposed as a model for humane and effective medical practice. Thanks JAMA. That's what this workshop is about! In the Poinciana Room.</p> |
| <p>Perspectives on GP training and education in New Zealand WORKSHOP H</p> <p>Welcome Address</p> <p>12:00pm - 12:20pm</p> <p>ADVOCACY</p> | <p><b>PERSPECTIVES ON GP TRAINING AND EDUCATION IN NEW ZEALAND</b><br/> <b>Speakers:</b> Dr Liza Lack<br/> <b>Moderator:</b> Dr Kat McLean Twitter: Tim Senior</p> <p><b>Summary:</b><br/> Dr Liza Lack is the head of GP Education with the Royal College of General Practitioners New Zealand. Prior to lunch she is going to share her perspectives on how GP education is evolving in New Zealand and what we might learn from each other in educating GPs, especially online. In the Poinciana Room.</p>  |

Lunch: 12:20 - 1:00pm. Exhibition Halls and Lawns

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| <p>1:00pm - 3:00pm</p> <p>Palliative Care WORKSHOP I</p> <p>LEARNING</p> | <p>1:00pm - 3:00pm</p> <p>SKILLS CLINIC</p> <p>Gynae Ultrasounds WORKSHOP K</p> <p>LEARNING</p> | <p>1:00pm - 3:00pm</p> <p>INTEGRATIVE MEDICINE WORKSHOP O</p> <p>LEARNING</p> |
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Afternoon Tea 3:00pm - 3:30pm

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| <p>3:30pm - 5:30pm</p> <p>Emergencies in GP Land WORKSHOP J</p> <p>LEARNING</p> <p><b>Speakers:</b> Dr James Ware, Dr Jay Mien Phang<br/> <b>Moderator:</b> Dr James Ware, Dr Jay Mien Phang. Twitter: Dr Karen Price</p> <p><b>Summary:</b><br/> Classic urban and country GP emergencies and techniques to manage better. Meet at the Poinciana Room for a walk to Chapel Garden region.</p> | <p>3:30pm - 5:30pm</p> <p>Gynae Ultrasounds WORKSHOP L</p> <p>LEARNING</p> <p><b>Speakers:</b> Dr Colinette Margeson, Dr Anna Alderton, Dr Justin Nasser<br/> <b>Moderator:</b> Dr Natasha Yates</p> <p><b>Summary:</b><br/> Located in the Norfolk Room (dungeons).</p> | <p>3:30pm - 5:30pm</p> <p>Healthy Food for Busy Gps WORKSHOP Q</p> <p>LEARNING</p> <p><b>Speakers:</b> Royal Pines Chef, Dr Sue Roche, Dr KK Chiung, Dr Sue Bloom<br/> <b>Moderator:</b> Royal Pines Chef, Dr Sue Roche, Dr KK Chiung, Dr Sue Bloom. Twitter: Dr Kat McLean</p> <p><b>Summary:</b><br/> For this workshop we were bringing in Jamie Oliver, Anthony Bourdain and Marco Pierre White. But they can't cook like Dr Lyndal Parker Newlyn. Also you get to play with the cooking paraphenalia at Royal Pines. This session is just before lunch BTW. You're making it. Cheers. In the Videri Kitchen.</p> |
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Drinks and do it yourself dinner A La Carte 6:00pm - 7:00pm

Astronomy demonstration 6:00pm - 7:00pm

DAY ONE

Registration 8:00am - 8:30am

Welcome to Country 8:45am - 9:00am

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|---|---|
| <p>Opening Plenary Why GPDU?</p> <p>9:00am - 9:45am</p> <p>LEARNING*PEER SUPPORT*ADVOCACY</p> | <p><b>OPENING PLENARY</b><br/> <b>Speakers:</b> Dr Karen Price<br/> <b>Panellists:</b> Dr Karen Price, Dr Tim Leeuwenberg, Dr Kat McLean, Dr Alvin Chua, Dr Lindsay Moran Jayoram, Dr James Ware, Dr Nicole Higgins, Dr Jaymien-Phang<br/> <b>Moderator:</b> Dr Paul Grinzi</p> <p><b>Summary:</b><br/> How GPDU started informs a lot of why it exists and grows. In this session the GPDU admins get asked what now in terms of learning, FOAMed, peer support, their relationship with the colleges, making money to make more things free, and life in general. In the Main Ballroom.</p> |
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DAY ONE CONTINUED

5 minute stretch and wriggle 9:45am - 9:50am

Great Debate  
Two colleges or one?

9:50am - 10:30am

PEER  
SUPPORT\*ADVOCACY

**GREAT DEBATE**

**Panellists:** Dr Cameron Loy, Dr Fiona Mackinnon, Dr Liza Lack  
**Moderator:** Dr Karen Price **Twitter:** Dr Gillian Riley

**Summary:**

Why do we have two colleges? In the Main Ballroom.

Morning Tea 10:30am - 11:00am

IGNITE SESSIONS

11:00am - 12:00pm

LEARNING\*ADVOCACY

**Speakers:** Prof Paul Glasziou, Dr Chris Del Mar, Dr Gillian Riley, Dr John Drinkwater  
**Moderator:** Dr Nicole Higgins

**Summary:**

- Evidence Undressed (the latest EBM pearls). **Twitter:** Dr Tim Senior, Dr Chris Pitt  
- Universal Flu Vac. **Twitter:** Dr Todd Cameron, Dr Alison Edwards  
- MTOP. **Twitter:** Dr Mandie Villis, Dr Penny Wilson  
- Medical After Hours: Does it work? **Twitter:** Dr Sue Roche, Dr Martina Hart  
In the Main Ballroom.

INTERROGATION  
SESSIONS

12:00pm - 12:15pm

LEARNING\*ADVOCACY  
\*PEER SUPPORT

**Speakers:** Dr Mandi Villis, Dr Tim Senior, Professor Jenny Doust  
**Moderator:** Dr Karen Price

**Summary:**

- Smashing the Avocado GP; Med Ed - Does it pay?  
- Hobby Doctors; Writing  
- I heard you Crowd Sourced  
- What Does Research Ever Do For a GP?  
**Twitter:** Dr Todd Cameron and Dr Gillian Riley  
In the Main Ballroom

Music for Calm 12:15pm - 12:25pm

IGNITE SESSIONS

12:25pm - 12:45pm

PEER SUPPORT

**ACHIEVING ZERO TOLERANCE: MANAGING SEXUAL ABUSE OF DOCTORS, BY DOCTORS.**

**Speakers:** Dr Louise Stone  
**Moderator:** Dr Frances Maxwell

**Summary:**

For a profession that constantly talks the talk of ethics, professionalism, compassion and empathy, the medical profession often fails to walk the walk within the halls of its institutions. **Twitter:** Dr Penny Wilson and Dr Karen Price. In the Main Ballroom

Lunch Day One: 12:45pm - 1:45pm In the Exhibition Halls and Lawns

Bare Knuckle  
Cage Fights

1:45pm - 2:45pm

ADVOCACY

**Speakers:** Pro Team: Dr Paddy Mosse, Dr Marisa Magiros, Dr Aymen Shenouda. Cons Team: Dr Sue Page, Dr Scott Masters, Dr Natasha Yates  
**Moderator:** Dr Wendy Burton. **Twitter:** Dr Tim Leeuwenburg, Dr Nicole Higgins, Dr Sue Roche, Dr Penny Wilson

**Summary:**

Q1. Health Care Homes. Home is where the heart is? YES/NO?  
Q2. Whose PLAN is it anyway? Reflective Diaries post Bawa-Garba.  
Q3. Toughen up buttercup. Resilience is what is needed.  
In the Main Ballroom

MOVE IT: 2:45pm - 2:50pm

2:50pm - 3:50pm

Drugs & opiates  
WORKSHOP A -  
LEARNING\*ADVOCACY

**Speakers:** Dr Cam Loy, Dr Paul Grinzi  
**Moderator:** Dr Colinette Margerison

**Summary:**

Pre and post-reading links will be posted in the coming weeks. Stay tuned.  
**Twitter:** Dr Penny Wilson, Dr. Alison Edwards. In the Poinciana Room

2:50pm - 3:50pm

Social Media and Medicine for Beginners  
WORKSHOP B - LEARNING\*ADVOCACY

**Speakers:** Dr Casey Parker, Dr Karen Price, Dr Tim Senior, Dr Nat McLean, Dr Nicole Higgins  
**Moderator:** Dr Martina Hart. **Twitter:** Dr Casey Parker, Dr Karen Price, Dr Tim Senior, Dr Nat McLean, Dr Nicole Higgins

**Summary:**

Pre and post links to be provided in coming weeks. Setting up basic SM accounts, smart SM protocol, the sharing and peer-to-peer economy and medicine, FOAMed, trolling for fun and friendship, et al. In the Norfolk Room.

2:50pm - 3:50pm

Balint Experience for Beginners  
WORKSHOP C - PEER SUPPORT

**Speakers:** Dr John Buckley, Dr Louise Stone, Dr Sonu Haikerwal

**Summary:**

The Balint Society, founded in the UK in 1969, is a supportive and collaborative medical organisation of clinicians and teachers who emphasise the importance of the use of emotion and personal understanding in the doctor's work and the therapeutic potential of the doctor-patient relationship - that's verbatim from Wikipedia. But you can get a local and GP focused take on this movement at this workshop in the Board Room.

## DAY ONE CONTINUED

Afternoon tea - 3:50pm - 4:20pm

Medicine of the Future or Digital Health Agency? DEBATE

### MEDICINE OF THE FUTURE OR DIGITAL AGENCY?

**Panellists:** Dr Mukesh Haikerwal, Tim Kelsey (CEO Australian Digital Health Agency)  
**Moderator:** Jeremy Knibbs - Publisher, The Medical Republic

4:20pm - 4:40pm

#### Summary:

Take the digital out of digital health agency and what do you have? The future says Mukesh Hakerwail, long time digital health evangelist. His opponent for this debate is Tim Kelsey, CEO of the Australian Digital Health Agency, one determined campaigner himself. Kelsey says we can't get there without a framework for digital and that's the job of government.

LEARNING\*ADVOCACY

MOVE IT: 4:40pm - 4:45pm - To music from people who died last year...again...that many, yes.

4:45pm - 5:30pm

### WORKSHOP D

#### HOW TO START IN GP RESEARCH

**Speakers:** Dr Michael Tam and the rock steady Bond University crew

#### Summary:

How to get started if you want to do research in general practice.

ADVOCACY

4:45pm - 5:30pm

### WORKSHOP E

#### MODELS OF BUSINESS FUNDING, MEDICAL HOMES & MEDICARE

**Speakers:** Dr Mark Morgan, Dr Todd Cameron, Dr Ged Foley

#### Summary:

How do we pay the GP of the future, and keep our practice above the waterline, given the shifting emphasis needed to manage the looming chronic care crisis and the uncertainty around Medical Homes and Medicare

PEER SUPPORT

4:45pm - 5:30pm

### WORKSHOP F

#### SETTLING BABIES IN ARMS

**Speakers:** Dr Pam Douglas and Dr Wendy Burton

#### Summary:

Nothing to do with prayers or military hardware. Just some hot tips on baby wrangling.

LEARNING

7:30pm - 12:00am

### GALA CONFERENCE DINNER

Princesses, Pirates and Punks

**Moderator:** MC - Dr Justin Coleman

#### Summary:

GPDU's first ever dinner function isn't something to miss. It could go any way. But to give it a gentle shove towards 'a successful gathering of minds' we've got a band, plus Dr Ahmed to take us through the brighter side of the wellness industry, Justin Coleman to MC, and some awards to hand out. After party by the pool.

WELLBEING \* CONSULTATION

## DAY TWO

Oils ain't oils: Homeopathy, alt medicine, social media and the law Plenary Lecture

**Speakers:** Ian Freckleton QC

**Panellists:** Dr Todd Cameron, Dr Gretchen Hood Hitchens

**Moderator:** Dr Penny Brown

9:00am - 9:55am

#### Summary:

Where is the legal line on homeopathy and alternative medicine, especially in respect to the increasingly sophisticated targeting of patients by the vendors on social media and the material that is generated by patients themselves? Barrister Ian Freckleton takes us through the latest legal perspectives on this rapidly evolving issue and then moderates a panel of doctors to get their views. In the Main Ballroom.

PANEL SESSION

MOVE IT: 9:55am - 10:00am - To the sounds of Woodstock

### IGNITE SESSIONS

10:00am - 11:15am

#### FAILING GRACEFULLY - META COGNITION, BIAS AND MAKING MISTAKES:

**Speakers:** Dr Tash Yates, Dr Mark Morgan. **Moderator:** Dr Nicole Higgins. **Twitter:** Dr Tim Leeuwenburg, Dr Mandie Willis

**Summary:** Is it possible to fail in medicine, with "style"? It's not only possible, it's an acceptable and practical way of dealing with what is now an impossibly complex day to day job. This workshop looks at the basics around approaching this difficult part of our jobs.

#### THE ART AND SCIENCE OF 'NO': MANAGING DANGEROUS, RUDE AND DRUG SEEKING PATIENTS:

**Speakers:** Dr Paul Grinzi, Dr Michael Rice, Dr Kat McLean. **Moderator:** Danielle Dee. **Twitter:** Dr Penny Wilson, Dr Martina hart

**Summary:** 'Just say no' isn't what it's cracked up to be. Depending on your circumstances, saying no can be a very difficult process. But a really important one. This workshop looks at the basics around some of the most stressful patient situations through role play - you will see how you might handle dangerous and rude patients, drug seekers, ganfyds and more.

#### NETWORK OF NETWORKS: A DUMMIES GUIDE TO SOCIAL MEDIA SUPPORT NETWORKS FOR GPs:

Is there more to social media life than GPDU? Surely not. GPDU is focused around peer support, advocacy and learning. But there are some other great networks which overlap, including, but not limited to GP mums, and GP business networks. In this workshop we take you through some of the best online support networks for GPs.

**Speakers:** Dr Gillian Riley, Dr Mandie Willis, Dr Alison Edwards, Dr Todd Cameron. **Moderator:** Dr Ingrid Wannell. **Twitter:** Dr Christopher Pitt, Dr Sue Roche. All in the Main Ballroom.

DAY TWO CONTINUED

Morning Tea: 11:15am - 11:45am

Diet wars and the hangry patient  
IGNITE

11:45am - 12:15pm

LEARNING

**DIET WARS AND THE HANGRY PATIENT**  
Speakers: Dr Daniel Aranov  
Panellists: Dr Fiona Mack, Dr Michael Tam  
Moderator: Dr Natasha Yates

**Summary:**  
Being hangry isn't fun. Nor is advising a hangry patient. In this Ignite session our speaker and panelists provide a GP perspective nutrition advice. In the Main Ballroom.

What practising medicine in Antartica and on Mars might teach us about the future of general practice  
IGNITE

12:15pm - 12:30pm

LEARNING\* PEER SUPPORT

**WHAT PRACTISING MEDICINE IN ANTARTICA AND ON MARS MIGHT TEACH US ABOUT THE FUTURE OF GENERAL PRACTICE**

Speakers: Dr Kate Kloza  
Panellists: Dr Geoff Ayton, Dr Ruth Stewart, Dr Tim Leeuwenberg  
Moderator: TBC - please apply

**Summary:**  
Being a GP is pretty tough these days. But imagine looking after up to 100 people on the most inhospitable continent on earth, for a year at a time, separated from the nearest hospital, pathology lab or specialist by more than 5000km of treacherous ocean. That's what Dr Kate Kloza has put her hand up for three times now. Kate takes us on a journey involving some pretty well thought out workarounds to get things done remotely and with little help, and which looks suspiciously like it has a lot of future in it.

Tribalism in Medicine  
RANT

12:30pm - 1:00pm

ADVOCACY

**TRIBALISM IN MEDICINE**

Speakers: Dr Edwin Kruijs  
Moderator: Dr Sonu Haikerwal. Twitter: Dr Tim Senior, Dr Penny Wilson  
Summary: Tribalism in Medicine

Advocacy in the 21st Century  
RANT

1:00pm - 1:15pm

LEARNING

**RURAL AND REMOTE TRANSFERS**

Speakers: Dr Michael Livingstone

**Summary:**  
Australia has its first Rural Health Commissioner, is turning out more local medical graduates than ever, but the dilemma of servicing rural and remote Australia seems as complex and fraught as ever. Dr Michael Livingstone, who currently runs two medical practices in rural Victoria, and teaches emergency medical skills to rural doctors around Australia, steps up to the podium to give us his views.

Lunch: Jelly Bean Jam. 1:15pm - 2:15pm

Pushing your buttons in Emergency Medicine  
IGNITE

2:15pm - 2:40pm

LEARNING

**PUSHING YOUR BUTTONS IN EMERGENCY MEDICINE**

Speakers: Dr Jay Mien-Phang  
Moderator: Dr Tim Leeuwenburg. Twitter: Dr Nicole Higgins

**Summary:**  
Detail coming soon. So is Xmas. No really, Xmas is very soon. In the Main Ballroom.

MOVE IT: 2:40pm - 2:45pm

PECHA KUCHA SESSIONS

2:45pm - 3:45pm  
BREAST FEEDING  
Speakers: Dr Pam Douglas  
Moderator: Dr Penny Wilson

**Summary:**  
MTOP. In the Main Ballroom.

2:45pm - 3:45pm  
PALATIVE CARE AND THE GP  
Speakers: Dr Gretchen Hood Hitchens  
Moderator: Dr Tim Leeuwenburg

**Summary:**  
Palliative care. In the Cyprus Room.

2:45pm - 3:45pm  
BUSINESS OF GP  
Speakers: Dr Todd Cameron  
Moderator: Dr Penny Brown

**Summary:**  
Business Leadership. Poinciana Room.

2:45pm - 3:45pm  
CHOOSING WISELY  
Speakers: Dr Justin Coleman  
Moderator: Dr Penny Wilson

**Summary:**  
Choosing Wisely. In the Main Ballroom.

2:45pm - 3:45pm  
BEYOND BLUE  
Speakers: Dr Mukesh Haikerwal  
Moderator: Dr Tim Leeuwenburg

**Summary:**  
Beyond Blue. In the Cyprus Room.

2:45pm - 3:45pm  
CLINICAL HANDOVERS  
Speakers: Dr Kat McLean  
Moderator: Dr Penny Brown

**Summary:**  
Clinical Handovers. Poinciana Room.

DAY TWO CONTINUED

2:45pm - 3:45pm  
**EARLY CHILDHOOD DEVELOPMENT**  
 Speakers: Dr Karyn Alexander  
 Moderator: Dr Penny Wilson

Summary:  
 Early childhood development. In the Main Ballroom.

2:45pm - 3:45pm  
**SELF CARE**  
 Speakers: Dr Vin Tran  
 Moderator: Dr Tim Leeuwenburg

Summary:  
 Self Care. In the Cyprus Room.

2:45pm - 3:45pm  
**SOCIAL MEDIA IN THE CONSULTING ROOM**  
 Speakers: Dr Paddy Mosse  
 Moderator: Dr Penny Brown

Summary: Social Media in the Consulting Room. Poinciana Room.

2:45pm - 3:45pm  
**THE GRASS ISN'T ALWAYS GREENER**  
 Speakers: Dr Cam Loy  
 Moderator: Dr Penny Wilson

Summary:  
 Grass is greener. In the Main Ballroom.

2:45pm - 3:45pm  
**GRIEF**  
 Speakers: Dr Alison Edwards  
 Moderator: Dr Tim Leeuwenburg

Summary:  
 Grief. In the Cyprus Room.

2:45pm - 3:45pm  
**CHILDCARE AT WORK - OWNING THE SPACE**  
 Speakers: Dr Serena Keating  
 Moderator: Dr Penny Brown

Summary:  
 Childcare at Work - Owning the Space. In the Poinciana Room.

Networking Break and Afternoon Tea: 3:45pm - 4:15pm

FOAMed. Is it possible?  
 Or is the journal DEAD?  
 IGNITE

4:15pm - 5:15pm  
 LEARNING

**FOAMED. IS IT POSSIBLE? OR IS THE JOURNAL DEAD?**  
 Speakers: Jeremy Knibbs, Dr Linda Calabresi, Dr Karen Price, Prof Paul Glaziosi, Dr Cath Godfrey  
 Moderator: Dr Justin Coleman

Summary:  
 How far can FOAMED go? Where is the line going to be drawn between paid-for medical learning and free? What is the future role of the medical journal? And how far can simply peer support social media networks actually help in day-to-day learning and practice? All these questions answered - or not - in this final session of the conference featuring moderators of GPDU, FOAMed officianados, the Publisher of the MJA, the Editor in Chief of The Medical Republic, and Healthed learning group. In the Main Ballroom.

Prizes and next Conference Dates: 5:15pm - 5:45pm

BBO and Wine: 5:00pm - 8:30pm

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